

Gateway to This – Distal Walkers' Prompt

A walk for 4WCop 2025 whose theme is 'After That, This'

This is a co-created walk of 45 minutes duration. You can walk with us, at a distance, at 3pm on Saturday 11th October, or at a time which suits you.

Preamble:

'After That' (the past) and before we get to 'This' (now), we must pass through a portal. This walk will seek gateways of all shapes and sizes. It's for those who haven't yet arrived in, or are curious about, the present moment.

The Walk:

You may like to begin your walk at your front gate, entrance to your work, or other similar place. Carrying with you the paper (or virtual) portal sporting the words, *Gateway to ...*, walk in the direction of another gateway. Use the term 'gateway' as loosely or specifically as you like. If you are walking with an/other(s), you are invited to spend some time in silence together, as well as in conversation. Moving from one side to the other through an opening with posts, a gate, or other triumphal arch, your present will be revealed.

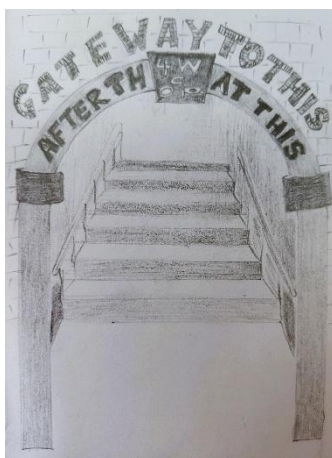
Towards the end of the time:

Allow 10 minutes at the end to write or formulate the sentence, 'Gateway to' You can do this together or alone.

Afterwards:

Please share your response with me via tamsingrainger@gmail.com or on Instagram / Facebook / Bluesky #gatewaytothis #4wcop25

This walk will also be an in-person event in Swansea. Both events are free of charge to participants.



Tamsin Grainger is a psychogeographer, writer and Shiatsu practitioner living in Edinburgh. She enjoys walking and wild swimming, and is the 2024 winner of the Maršato Award for Walking Art.

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